When Spirits Sing and Singers Have a Voice

Beverley Diamond

Abstract

Most people are coming to Newfoundland this summer to celebrate John Cabot's historic landing in 1497. I am here to celebrate the folks who greeted his arrival and helped him ashore - or maybe they hid. I was pondering how to handle this notion of "discovery" - which First Nations people predictably find both insulting and amusing, last week as the annual multicultural Caravan celebrations were just gearing up in Toronto. The First Nations pavilion there was also recognizing 1497 as an important meeting point but, to quote their spokesperson, they "see 'discovery' more as people looking at native people through new eyes." I would like to affirm that it is the related task of hearing anew which is my objective here today. In the next hour, I want to reflect with you on how singing, the very sound of Aboriginal and European voices has been and continues to be a site where we - their descendants - negotiate who we are and how we relate.

Full Text:

PDF

Refbacks

There are currently no refbacks.

Singing can be a quite embarrassing time to have your voice crack. There are several different potential causes of voice cracking, but luckily, there are also many solutions. You can prevent cracking by warming up, using your body properly, and taking good care of your voice. Many singers tend to tilt their heads up when they sing high notes and down when they sing low notes. These tense movements can strain your voice and even limit your range. Instead, always try to keep your throat and neck muscles relaxed when you sing.[5]. You may find that your voice cracks when you’re nervous. This is because your muscles are tense when you’re nervous.